



Sun Protection Policy

Reviewed May 2024

Next review date: May 2025

Schools have a responsibility to ensure that pupils are protected from overexposure to Ultraviolet light (UV) rays from the sun. Too much exposure to UV radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life can contribute significantly to the lifetime risk of skin cancer. Schools are in an important position to help protect children's skin because:

- Children are at school 5 out of 7 days a week at times when UV rays are high.
- Most damage due to sun exposure occurs during the school years.
- Schools can play a significant role in changing behaviours through role modelling and education.
- Children and staff are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Children spend an average of 1.5 hours outside per school day- more, if involved in sports and outdoor activities.
- The development of skin cancer in later years is largely preventable through behaviour modification and sun protection during early years.

At Slingsby School, we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff, pupils and parents/carers to achieve this through:

EDUCATION

- We will talk about how to be SunSmart in assemblies at the start of the summer term.
- Sun safety to be included in the PSHE and Science curriculum.
- Developing resources on sun safety in the school library.
- Parents/carers are informed of the importance of sun protection through information sent home in the school newsletter and a letter informing them of the Sun Protection Policy.

PROTECTION

- Children must have a named, peaked or wide-brimmed hat in school every day during the summer term.
- On sunny days, staff will remind children to put their sunhats on before going outside. School receive a stock of sun hats every summer from York Against Cancer as part of their SunSmart Campaign so we have plenty of spare sunhats in school for those children who forget to bring their own.

- Children will be encouraged to seek shade during sunny days during break and lunch times. There are a sufficient number of shelters and trees providing shade in the school grounds.
- Staff and parents/carers are encouraged to act as good role models by practicing sun safety.
- Parents/carers are to ensure sunscreen (at least SPF30+) has been applied before coming to school so that the children are protected for the morning break and, for example, if we use the playground for outside learning or go on a walk in the village in the mornings.
- Parents/carers are to provide their child/ren with a bottle of sunscreen clearly labelled with the child's name, at least SPF30+, to be kept in their child's school bag to be re-applied at lunch times (or as needed) in school. Aerosols are not permitted. Sunscreen to be replenished by parents/carers when necessary.
- Parents/carers are to ensure their child/ren are able to re-apply their own sunscreen to all exposed areas. In hot, sunny weather, children at Slingsby School will be given time to re-apply their own sunscreen at lunch time. School staff are not expected to apply sunscreen to children but all our staff will encourage and supervise the children while they apply sunscreen themselves. If a child cannot apply sunscreen themselves for any reason, school can provide additional support upon request. Parents/carers should use the attached form to ask the class teacher for additional extra support.

Slingsby School cannot afford to supply sunscreen to all children on a daily basis so sunscreen must be brought from home. We will keep a bottle of school sunscreen (Nivea SPF50+) for emergencies in the School Office if a child has forgotten to bring their own and will be exposed to the sun, and parents/carers will be contacted before application.

We do not allow the children to share their sunscreen with their friends in school due to allergies.

HYDRATION

- Pupils must bring their own labelled water bottle every day. If a child forgets their bottle, school will provide cups of water.
- Water bottles and cups are kept in the classroom where they are accessible to the children.
- Pupils are encouraged by staff to drink plenty of water especially during hot, sunny weather, and these can be refilled during the day.
- School's water bottles are taken on school trips/sporting activities in case extra water is needed.

SCHOOL TRIPS

All trips will require pupils to bring a named wide-brimmed sun hat, water bottle and labelled bottle of sunscreen (at least SPF30+) for reapplication during the day, the first application having been applied at home before school by parents/carers. The availability of shade is a consideration when planning class trips and outdoor activities, as part of the risk assessment process.

This policy had been developed using the Cancer Research UK's SunSmart Guidelines for Primary Schools.

This policy will be reviewed annually.

Signed:



Updated: May 2024

REQUEST FOR SUNSCREEN TO BE REAPPLIED BY STAFF IN SCHOOL

This form must be completed by the parent/carer and handed to a member of staff

If your child cannot re-apply sunscreen themselves in school, additional support can be provided for re-application at lunch times (or when needed).

Please request additional support for re-application by completing this form.

Name of ProvisionSlingsby CP School.....

Child's/Young Person's Details

Name.....	Class
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Name of Sunscreen Provided by Parents/Carers for Use in School (SPF 30+ and Non-Aerosol)

Sunscreen name
Please ensure the bottle has your child's name clearly written on it in permanent marker or label and replenish the bottle as and when needed.

I confirm that I wish my child to be provided with additional support by staff to re-apply sunscreen in school at lunch times.

Parent/Carer Name.....

Parent/Carer Signature

Date:

(Valid for current Summer Term)