Fruit and Vegetable Counting Sheet (Year 3)

Client's name
Researchers' names
Number of portions of fruit and vegetables eaten per day during the survey week

| Day | Fruit and Vegetable <br> Portions Eaten | Total Number of <br> Portions |
| :--- | :--- | :--- |
| Monday |  |  |
| Tuesday |  |  |
| Wednesday |  |  |
| Thursday |  |  |
| Friday |  |  |
| Saturday |  |  |
|  |  |  |

## Researchers' Notes

Our research shows that...

